

**A PARENTS GUIDE TO CHILDHOOD OBESITY: A ROAD
MAP TO HEALTH**

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A Parent's Guide to Childhood Obesity. A Road Map to Health. By American Academy of Pediatrics. Edited by Sandra G. Hassink, MD, FAAP and Richard Trubo.

Pediatric Obesity Algorithm: A Practical Approach to Obesity Diagnosis and Management

A Parent's Guide to Childhood Obesity: "A study at Harvard Medical School evaluating the diets of boys and A Road Map to Health.

A parent's guide to childhood obesity : a road map to health

Research-based evidence informs this guide to understanding--and combating-- childhood obesity. Addressing medical, emotional, and psychological factors.

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Food charts can record content of meals and snacks; caloric tallies; portion sizes; moods, hunger, and appetite when eating; amount of sweets and soft drinks vs. Association of gestational diabetes and breast feeding on obesity prevalence in predominately Hispanic low income youth. Please enable scripts and reload this page.

Keywords: children, obesity, algorithm, adolescents, comorbidities. Rev

accuracy of monitoring: There is a documented tendency to underestimate portion sizes or to not recall the extent of grazing and snacking; make adjustments as needed.